

Peer Support Collaborative



Process experiences in clinical education

Learn strategies for coping with the challenges of clinical training

Establish action steps to achieve career goals

We provide:

1:1 Peer Coaching

Together we explore topics, including:

- Shame in medicine/healthcare
- Coping with death and dying
- Mental health, burnout, and secondary traumatic stress
- Striving for excellence vs. perfection
- Performance skills training
- Navigating difficult interactions with patients and supervisors



Leah Sodowick, M.S.
Peer Supporter
Clinical Psychology PhD Candidate

SCAN THE QR CODE IF YOU ARE INTERESTED IN CONNECTING



Program Directors: Drs. McLean Pollock, PhD; Jane Gagliardi, MD; & Laura Weisberg, PhD

PLEASE CONTACT DR. POLLOCK IF YOU HAVE QUESTIONS: MCLEAN.POLLOCK@DUKE.EDU